

New Hackensack Reformed Church
1580 Route 376
Wappingers Falls, NY 12590
(845) 462-0810 www.nhrc-church.org
Rev. Keith W. Tamlyn, Senior Pastor



APRIL CHURCH NEWS, 2016



THE PASTOR'S PEN...

Dear Church Family and Friends,

As I write this, we are preparing for all the upcoming events of Holy Week. This includes our special worship services as we walk with Jesus through the events of Palm Sunday, Maundy Thursday, His death on Good Friday, and the celebration of Easter joy and hope made real on Easter Sunday morning.

The month of April brings more sunshine and warmer Spring days to us, along with many opportunities to connect with one another and with God, through our Sunday worship, along with programs offered through our Parish Health and Christian Education Ministries, and more. One of the highlights in April will be a free Stringendo Concert on Sunday, April 24th, at 7p.m. in our Sanctuary. If you have never heard these talented young musicians play, this is your opportunity to experience their beautiful string music shared with us in thanks for housing them as they rehearse here on Saturdays and weeknights.

I look forward to worshipping with you!

Serving God with you at N.H.R.C. and the world,

Rev. Keith Tamlyn



PARISH HEALTH MINISTRY....

Mary Lou Grott, R.N., Parish Nurse

462-0810, Ext. 110, Tues. and Wed.

SAVE THE DATE - Thursday, April 14th, 2016 at 11:30am - Lunch and Learn Program, entitled "*Staying Active and Healthy at Any Age.*" Come and learn some valuable suggestions for improving your energy and overall health and fitness, no matter what your age, from our very own Drs. Suzanne Tamlyn and Erik Uuksalainen. The Wellness Committee of the Parish Health Ministry will be providing lunch. Watch your bulletins for more information and sign up soon in the Gathering Area.

"Encouraging the Nurture of a Listening Heart"

In February, I had the privilege of attending a three-day directed spiritual retreat led by Rev. Arlene Wilhelm, Ella Campbell, and Ellen Ratmeyer. It was held at the Linwood Retreat Center in Rhinebeck, a beautiful and peaceful place located high up on the banks of the Hudson River overlooking the Esopus lighthouse. As some of you have expressed an interest and curiosity about what my experience was like, I thought I'd share a few thoughts and give you a brief glimpse into those days away.

I had never done an away retreat like this before, and only knew that there would be extended periods of silence throughout the days and nights along with times of prayer and worship. No phones, no TV, no radio, no emails - the overall retreat experience far exceeded my expectations.

After arriving and getting settled into our comfortable private rooms, introducing ourselves to one another, and then sharing a delicious lunch together, we then gathered for a time of worship and guidance from the three Spiritual Directors before entering into the silence. I found the experience of living with others in silence remarkably different from being alone in silence - there was a rich awareness and mindfulness as we shared common areas and meals together. It was a deeply personal and meaningful time for me, and my guess is that it was a bit different and yet spiritually renewing for each of the 12 of us attending. In the quiet time, we could spend the time doing whatever we wanted - to read, journal, draw or paint, walk the labyrinth and paths on the grounds, knit or do other handwork, or just rest. During all that I chose to do, I listened to both my own heart and to God's whisperings as I soaked up all the beauty of nature around me there. The silence was broken only by morning and evening prayer/worship times shared together, along with the time when we each privately met with our assigned Spiritual Director both in the middle of the retreat and at the end to talk about our spiritual experience and share whatever was meaningful for us with them. The time away just flew by for me, and I look forward to another healing time of retreat in the future. I encourage each of you to consider a 'time away' to nurture your own listening heart, away from the hustle and bustle and noise of our world.

As a final note, I have made copies of the information we were given about what Spiritual Direction is and have pinned them to the Parish Health Bulletin Board in the Gathering Area for you. To quote this information from Rev. Wilhelm, "A Spiritual Director is someone with experience and training who can be a companion or friend willing to listen and talk about your life journey in all of its joys and concerns. It is not a therapy session, but rather a conversation to help you deepen your connection and relationship with God in your everyday life."

Spring blessings of joy and good health to each of you,

Mary Lou, Parish Nurse



CHRISTIAN EDUCATION...Kris Rice, Christian Education Director

462-0810, Ext. 104, 489-4322, kcrice@optimum.net

"I know the plans I have for you; they are to prosper you, not to harm you."

Jeremiah 29:11

✠Our 3rd Annual Easter Event, "**Rise Up With Jesus**", held on Palm Sunday for the children of NHRC. Reading of the Easter story, making crafts and playing games, and a fun Easter Egg/Scavenger hunt were in store to make it a great day!

✠A BIG Thank You to all who filled our collection boxes for our Sunday School Lenten **Mission "Caring and Cuddles for Kids"**. Socks and small stuffed animals will be given to the children who are temporarily

living at Hudson River Lodging. Final totals will be in the May Newsletter.

✠Our **Confirmation Class of 2016** is going well with Stole presentations coming up. The last classes will finish this month with Confirmation Day set for May 1st.

✠"**Cave Quest**" - **Following Jesus, The Light of the World!** is the theme this year for another exciting **Vacation Bible School**. The dates are August 8th - 12th from 9:00 a.m. - 12 noon.

Each day the children will be part of a fun adventure in Bible learning where they can see, touch, hear and even taste the excitement. Amazing songs, Bible studies, fun crafts, team- building games and tasty treats are what's in store at our "Cave Quest" VBS. It's wonderful to be part of helping our children learn and grow on their faith walk.

Lots of volunteers are needed to make this an exciting unforgettable week for the children. Please call or email me if you're looking to use your talents this summer to give the kids a wonderful faith-filled week! Sign-up sheets will be available in the Gathering Area beginning in May.

In His Service,

Kris Rice

Christian Education Director

Congregational Life Council...

Alps Fundraiser: Many thanks to all who purchased Alps chocolate. The proceeds of \$289.77 (plus a \$100 donation!!) will be put into the Kitchen Fix-Up fund. Kris Rice was the winner of the basket that Alps donated to the fundraiser.



Sabellicos Mother's Day Fundraiser: Last year was the first year we sponsored this fundraiser, and we got very positive feedback about the quality of the flowers. So we are bringing it back!

We will be taking orders for combos, geraniums, and gift certificates from Sunday, April 3 to Sunday April 24. The flowers will be delivered to the church ready for you to take home on Sunday, May 1. Order forms will be available in the Gathering Area. Please place your orders in the box (also in the Gathering Area.)



RCWM...Girls Night Out...Calling all ladies: Wednesday, April 20th at 6:30 pm, we will re-unite at the Bonefish Grill, 2185 Route 9 in Poughkeepsie. As always, we will have separate checks and a varied menu. We thoroughly enjoyed our gathering there last year, and it's always

great to get together and learn more about one another. Sign up in the Gathering Area or contact Pat Chism at (845) 462-3557 with questions. Hope to see you all there!



Outreach..

Hudson River Housing Homeless Shelter: The 2016 sign-up sheet is in the Gathering Area and it is completed through August. We still need preparers and servers for Sept - Dec. If you would like more information on this program, please sign up in the Gathering Area. If you are interested in preparing and serving a meal for the shelter but cannot afford it, please let Arra Mowry know. There are other options that we can work out for you.

There are still a few casserole pans available to make. For those who took some pans, please prepare (including fully bake) them and return at your earliest convenience.

April Mission of the Month: Rural & Migrant Ministry - Anniversary Events Since 1981 Rural & Migrant Ministry, a statewide, non-profit organization, has been standing proudly with the rural and migrant communities throughout New York. They act to overcome the prejudices and poverty that degrade and debilitate people within rural New York by building communities that celebrate diversity, achieve true mutuality and fight for dignity and opportunity to all.

They work with rural leaders, both young and older, who are committed to equality and cooperative opportunity, especially within agricultural systems. We also support people in faith, labor and university communities who seek to stand with rural leaders as allies.

RMM is celebrating two anniversaries this year. It is the 35th Anniversary of RMM as well as the 25th Anniversary of Rev. Richard Witt who is the director of the local RMM.

Liberty Station (Hudson River Housing): All food donations continue to be taken to Liberty Station for the homeless veterans. Along with nonperishable food, they are in need of new or nearly new towels and washcloths and single bed sheets, blankets, hygiene products (including ladies feminine products) and flip flops/shower shoes.

Blood Drive: Next drive is April 12, 2016 1pm - 7pm in Fellowship Hall

RCWM: Birthday Dessert will be May 4, 2016.

RCA Partners In Mission: We will continue to support the Fields as our Missionaries. Rev. Tamlyn, Joan Heller and Arra Mowry had a nice lunch meeting with them and were able to get a lot of much needed information regarding their mission. They have decided to relocate their Pastoral Training mission to Columbia. Their little two year old Irene is a happy little girl and has learned a good deal of the Spanish language from their 1.5 year missionary work in Honduras. Once they get settled in their new housing, they will be sending a monthly update on their work and progress. These updates will be included in our monthly News for everyone to read. They are greatly appreciative of the support that NHRC has given and will continue to give them.

DCSPCA: Thank you for your continued support of all of God's orphaned critters. The SPCA is always in need of shredded paper, cat and dog food, kitten and puppy food (kitten milk formula is also needed), old sheets, towels and blankets (NO ELECTRIC BLANKETS) (stained are ok but must be clean), cat and dog toys, leashes, collars, harnesses, pet food dishes, pet crates, dog sweaters/jackets. As with any charity, financial gifts are equally accepted. Please make the checks out to DCSPCA and either drop in the mail or give to Hazel in the church office and she will be happy to send it on.

Vassar Brothers Medical Center Bereavement Program: Amy Burger and Diane Sanborn have started back knitting and crocheting blankets and baby caps for this very sad yet important ministry to families who have had their infants pass away at birth or shortly after.

RCA Collection of Water Test Kits for Flint, Michigan: NHRC was able to help support the RCA to help them purchase water test kits for the folks in Flint, Michigan. We were able to send them \$300 which allowed them to purchase 12 kits at \$25 each.

Easter Special Offering: \$xxxxxx The 2016 Easter Offering is going to the RCA Church World Service - Disaster Relief Fund. Our purpose in choosing this was to help build up their budget so that when and if the next disaster occurs, there will be available money to help with their support.

Creative Kindness: Creative Kindness is an Outreach program that provides homemade comfort gifts to those who are ill or have had surgery. While we are always ready to make either a pillow or blanket for someone, we are happy



when the needs are not there. That means, for the most part, people are well. If there is someone that you know that could use some homemade comfort, please reach out to Pastor Tamlyn. He will confidentially advise us of your need.

Dear Friends,

A great big thank you from Sherry and Rick Seney for all the prayers, hugs, shoulders to cry on, cards and gifts in support of our family on the passing of Sherry's mom, Lois Stevens, on February 19th. Lois lived a great life and was loved by all who had the pleasure of knowing her. She was kind, selfless and generous. We could not have asked for a better Wife, Mom, Grammy, Aunt, co-worker/employee and friend. God rest her soul until we meet again.

Dwight and I wish to thank our church family for the many calls and cards we received over the past months. We also want to thank those that provided the delicious food for us. The church's support has been a great blessing to us.

Dwight and Nancy Moody



Greetings from Kermit!

Take Home Kit Sunday will be here very soon, on Mother's Day, May 8th. We will have lots of crafty kits available, and we need EVERYONE to stop by after church and pick up a kit (or more than one!) to take home. They're due back just before the Bazaar in December, so you'll have plenty of time to work on them!! If YOU would like to help design some kits for us to give out, please contact Mrs. Ray (my nice human friend who really enjoys Take Home Kit Sunday!)

April's Wednesday Morning Workshops will be held on the 6th, 13th, 20th and 27th, at 9:30 a.m. in Room 15 of the Education Center. It would be WONDERFUL if YOU could join in, and help make lots of goodies for the Bazaar!!

We have some special needs this time. The Workshop folks enjoy making flower arrangements, but right now the supply of VASES and SILK FLOWERS is low, so we need some of those!! Also, we usually have about 50 MUGS at this point, and we currently have very few. We also need basket grass like Easter grass, jewelry making supplies, fabric for making pillows, polyester stuffing, bells (we have used a lot of these lately), paint brushes, yardsticks, plastic storage tubs, scissors, pompoms, macramé cord, polished rocks, wiggle eyes, duct tape, felt, craft paints, stickers, yarn ribbon, large handled gift bags, grocery bags with handles, Christmas gift wrapping, tissue paper, gift bags, tiny screwdrivers, wire cutters, new nails, screws, washers, hooks, etc., and other craft supplies. Everybody REALLY enjoys creating gifts from all the supplies that are in Piggy's Cupboard!!

There's no longer any question - Spring is upon us. I hear all my froggy friends tuning up their voices (well, WE consider them voices!) at the local pond, and I just can't wait to join the chorus. I'll hope to see YOU at the Workshops!

Yours in Love,

♥**Kermit**



DAFFODIL SUNDAY...March 13th, was a glorious day with our sanctuary filled with beautiful daffodils, blooming with hope. The total donation amount of \$745.00 will be given to "Sparrows Nest," a not-for-profit group who deliver meals to families battling cancer.



Rural & Migrant Ministry

MISSION OF THE MONTH for APRIL...

In the beginning there was a Ministry to Migrants in the Hudson Valley - going back to the 60's and 70's being carried on by two servants of the Lord - Mr. Barnett on the west side of the Hudson and Eleanor Benjamin on the east side. The ministry operated under the umbrella of the Dutchess Inter-Faith Council and the State Council of Churches. Hudson River Presbytery and the Episcopal Diocese of New York were also strong supporters.

These two souls welcomed the migrant farmworkers on their return to the Valley each spring and bid them farewell in the fall as they returned south to begin the new crop seasons. Churches made "Welcome Kits" with basic toiletries including washcloths and a towel. Over the summer, as Vacation Bible School programs concluded, extra juice and cookies were donated so that farewell parties could be held when the families left in the fall. By the late 70's Mr. Barnett had passed away and Eleanor was in failing health. What the future held for this ministry no one knew. Finally, after much thought and many prayers, the Episcopal Bishop in the Mid-Hudson Region called together the leaders of the four regional denominational leaders and an involved lay person from each - the Episcopal Diocese of New York, the Presbytery of Hudson River, the Regional Synod of New York of the RCA and the two Mid-Hudson Districts of the United Methodist Church. A year plus of long meetings, much letter writing, many phone calls and lots of prayerful thought, in 1981 gave birth to the Mid-Hudson Catskill Rural Migrant Ministry!

The first Executive Director immediately recognized that the children of farmworkers needed to be cared for in a safe, clean environment and not playing in the fields while parents worked or left in care of older siblings - the Day Care Center on Route 32 in New Paltz was built. The next Director along with our own Ruth Faircloth felt that older children and youth needed a summer experience where kids could be kids - the first summer overnight camp was offered at Camp Epworth in High Falls 27 years ago this summer. In 1991, Rev. Richard Witt was called to be the new Executive Director and today, the ministry works statewide with a Worker Center and emerging youth program in Lyons, NY; the Basement Bag Cooperative in Liberty, NY run by youth learning how to be business leaders in the future and an emerging Farmworker Group working to create better working conditions for farmworkers and other low wage workers in the area. Another Worker Center is about to become reality on Long Island and a strong multi-faceted youth program operates here in the central Hudson Valley.

The journey has been long and there have been disappointments along the way, but there is much to celebrate. This year, as we celebrate the 35th Anniversary of the Ministry and the 25th Anniversary of Rev, Richard Witt as Executive Director, we hope that many will join us in the celebrations. Your gifts to Mission of the Month during April will help support the up-coming celebrations and the ministries that support those who labor throughout the year to assure that our tables are abundantly filled each day.

●MARK YOUR CALENDARS and PLAN TO JOIN US...

WIT for WITT...RMM's annual spring fundraising dinner will be held on Monday, May 2, at The Grandview in Poughkeepsie. This event is a celebration of the 35th Anniversary of Rural & Migrant Ministry and 25th Anniversary of Richard Witt as Executive Director. New Hackensack Reformed Church is one of the few original covenanting congregations still involved with the work of the ministry and RMM is grateful for your faithful support in so many ways throughout the years.

Reception - 6:00 p.m. and Dinner with program begins at 7:00 p.m.

Tickets are \$175/person

Questions or more information contact Jane Konitz, 297-5864

●THE MARCH FOR FARMWORKER JUSTICE

MAY 15 - JUNE 1, 2016...New York farmworkers are excluded from basic labor protections...the time is NOW to demand justice. For two weeks we will march from Long Island to Albany, while our brothers and sisters in Western NY hold a series of actions to raise awareness. Now is your opportunity to be part of a historic change. You will be able to walk with the core group for short periods and participate in other events when they are in our area.

The MARCH will kick off on Sunday, May 15th with a rally at Senator Flanagan's Office in Smithtown,

LI...On Saturday, May 21st, there will be a rally at Union Square in NYC and then the MARCH will continue up through the Hudson Valley arriving in our area May 25th and 26th. The group will MARCH into Albany on Wednesday, June 1st for Farmworker Albany Day. Details will be forthcoming as plans develop further.

April, 2016

1, Friday

10:30 a.m. Strength and Balance Exercise

3, Sunday

8:30 a.m. Worship

8:45 a.m. Adult Sunday School

10:00 a.m. Worship, Sunday School, Jr. High

11:30 a.m. Confirmation Class

4, Monday

9:30 a.m. Yoga Class

11:00 a.m. Chair Yoga

7:30 p.m. Campanola Ringers

5, Tuesday

10:30 a.m. Strength and Balance Exercise

6:00 p.m. Outreach Council

7:00 p.m. Councils/Committees

6, Wednesday

9:30 a.m. Piggy Bank Workshop

10:30 a.m. Wellness Committee

1:00 p.m. Zumba Gold

6:30 p.m. Yoga Class

7, Thursday

6:00 p.m. The Mommy Connection

7:30 p.m. Choir Rehearsal

8, Friday

10:30 a.m. Strength and Balance Exercise

10, Sunday

8:30 a.m. Worship

8:45 a.m. Adult Sunday School

10:00 a.m. Worship, Sunday School

Junior High

Confirmation Class,

Stole Presentation

11:15 a.m. Pastor's Class

11, Monday

9:30 a.m. Yoga Class

11:00 a.m. Chair Yoga

7:30 p.m. Campanola Ringers

12, Tuesday

10:30 a.m. Strength and Balance Exercise

1:00 p.m. Blood Drive

7:00 p.m. RCWM Book Club

13, Wednesday

9:30 a.m. Piggy Bank Workshop

1:00 p.m. Zumba Gold

6:30 p.m. Yoga Class

14, Thursday

7:30 p.m.

Choir Rehearsal

15, Friday

10:30 a.m.

Strength and Balance Exercise

3:00 p.m.

May News Deadline

17, Sunday

8:30 a.m.

Worship

8:45 a.m.

Adult Sunday School

10:00 a.m.

Worship, Sunday School

Junior High

Confirmation Class,

Stole Presentation

11:30 a.m.

Confirmation Class

18, Monday

9:30 a.m.

Yoga Class

11:00 a.m.

Chair Yoga

7:30 p.m.

Campanola Ringers

19, Tuesday

10:30 a.m.

Strength and Balance Exercise

7:00 p.m.

Nursery School Board Meeting

20, Wednesday

9:30 a.m.

Piggy Bank Workshop

1:00 p.m.

Zumba Class

6:30 p.m.

Yoga Class

21, Thursday

7:30 p.m.

Choir Rehearsal

22, Friday

9:30 a.m.

Collate May News

10:30 a.m.

Strength and Balance Exercise

24, Sunday

8:30 a.m.

Worship

8:45 a.m.

Adult Sunday School

10:00 a.m.

Worship, Sunday School

Junior High

11:00 a.m.

Blood Pressure Screening

7:30 p.m.

Dutchess Homeless Shelter

25, Monday

9:30 a.m.

Yoga Class

11:00 a.m.

Chair Yoga

7:30 p.m.

Campanola Ringers

26, Tuesday

10:30 a.m.

Strength and Balance Exercise

7:00 p.m.

Consistory Meeting

27, Wednesday

9:30 a.m.

Piggy Bank Workshop

1:00 p.m.

Zumba Gold

6:30 p.m.

Yoga Class

28, Thursday

7:30 p.m. Choir Rehearsal
29, Friday
10:30 a.m. Strength and Balance Exercise
30, Saturday
9:00 a.m. Confirmation Class/Elders

Bible Wordsearch

Wordsearch 246

Matt.7:28-8:13

Jesus the Healer

A	T	S	D	E	H	C	U	O	T	D	R	H	F	I
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ABRAHAM	CLEAN
AMAZED	CURED
ASKING	FAITH
BELIEVED	FEAST
CROWDS	GREAT
DESERVE	HEARD
FINISHED	ISAAC
HEALED	ISRAEL
HEAVEN	JACOB
KINGDOM	JESUS
MYSELF	KNELT
PLACES	LORD
SAYING	MOSES
SERVANT	OFFER
SOLDIERS	PRIEST
TAUGHT	ROOF
TERRIBLE	TEETH
THROWN	TRUTH
TOUCHED	

After you find all the hidden words the left over letters spell out a Bible verse reading from the top left to the bottom right

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W

When you're having bad dreams, turn your pillow over.

The good dreams are on the other side.